

# **WORLD TAI CHI AND QIGONG DAY**

APRIL 25, 2026

10:00 AM PERFORMANCE

NEW HAVEN TOWN GYM

50 North Street

New Haven, VT

Begins at 9:30 a.m. Ends at Noon

**Celebrating our local Tai Chi Forms,  
Instructors and Tai Chi Friends**

*Come Join in, Watch and Learn*

Qigong, Tai Chi Walking, and Practice Your Form

**Yang and Sun Forms,  
Tung, Cheng Man-Ch'ing, Yang 24,  
Bafa Wubu, Sword and Fan Demonstrations**

Celebrated all around the world at 10a.m.

local times on the last Saturday in April

In hundreds of cities across eighty nations...Since 1999

**Contributions go to Age Well**

Further information and inquiries contact:

[Jerry@skyrivertaichi.com](mailto:Jerry@skyrivertaichi.com)

802-598-1830

For more information about this world-wide event  
and its history visit the website [www.worldtaichiday.org](http://www.worldtaichiday.org)